



22 Summer Salads: Fresh, Healthy and Tasty Salad Recipes for Summer

Mr G Bennett

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Are you looking for fresh, natural and healthy recipe ideas? Look no further than this collection of 22 golden salad recipes that will make your mouth water and will water your mouth! While most of them are originally stand alone salad recipes I knew, these recipes work excellently when combined with meats at a barbecue or family meal and are an excellent way to get some healthy vitamins into the kids too, especially when served with meats, the flavours that result are beautiful. A taste of some recipes in the book: Grilled Peach and Avocado Salad Grilled Sirloin Salad Chicken Cobb Salad AMAZING Shrimp Salad Get cooking and create some new flavoursome dishes for you and your family to enjoy together. Easy step by step instructions and ingredients are provided along with an image of each dish. What's a couple of dollars to enjoy many healthy meals over and over! If you enjoy the recipes found in this book, please take the time to leave a review and let others know what you thought of the recipes!

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