

Should Mom be Left Alone? Should Dad Be Driving?: Your Q & A Companion For Caregiving

Linda Rhodes

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Here are helpful, straightforward answers to the most pressing questions caregivers have, in a book that provides:

- Information about nursing homes, at-home care, assisted living, and what to look for in finding a good hospice
- Help regarding money management, wills, insurance, and other financial issues
- Guidance on mental and physical ailments-from Alzheimer's and osteoporosis to glaucoma and diabetes
- Advice on new Medicare drug plans and online pharmacies, Social Security, and VA benefits
- Tips on taking guilt-free vacations, getting the aged to exercise, and insuring they get balanced and nutritious meals Strategies for coping with changing family roles, budget concerns, and day-to-day stress



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Carol Elliott:

Is it an individual who having spare time then spend it whole day simply by watching television programs or just lying on the bed? Do you need something totally new? This Should Mom be Left Alone? Should Dad Be Driving?: Your Q & A Companion For Caregiving can be the respond to, oh how comes? A book you know. You are and so out of date, spending your extra time by reading in this brand new era is common not a geek activity. So what these guides have than the others?

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