



Asperger Syndrome and Social Relationships: Adults Speak Out about Asperger Syndrome

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'This book is essential reading to understand the social abilities of adults with Asperger's syndrome. The contributors each have different personalities and experiences, but together they provide a range of strategies to encourage people with Asperger's syndrome to achieve the social relationships they desire.'

- Professor Tony Attwood

Social interaction among neurotypical people is complex and in many ways illogical. To the person with Asperger Syndrome (AS) it is also woefully unintuitive. In this book, adults with AS discuss social relationships, offer advice and support for others with AS and provide necessary insights into AS perspectives for those working and interacting with them.

The contributors evaluate a range of social contexts and relationship aspects, including:

- * online relationships - a worldwide social network based on non-verbal communication,
- * the unwritten rules of neurotypical socialising,
- * the need for mutual understanding between those with AS and neurotypicals,
- * the effects of struggling socially on one's self-esteem and frame of mind, and
- * the opportunities provided by social skills workshops or interest groups.

This is essential reading for adults with AS, their family and friends, as well as service providers and other professionals providing support for people with AS in adult life.

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