



A Year with Hafiz: Daily Contemplations

Hafiz

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Daniel Ladinsky's stunning interpretations of 365 soul-nurturing poems—one for each day of the year—by treasured Persian lyric poet Hafiz

The poems of Hafiz are masterpieces of sacred poetry that nurture the heart, soul, and mind. With learned insight and a delicate hand, Daniel Ladinsky explores the many emotions addressed in these verses. His renderings, presented here in 365 poignant poems—including a section based on the translations of Hafiz by Ralph Waldo Emerson—capture the compelling wisdom of one of the most revered Sufi poets. Intimate and often spiritual, these poems are beautifully sensuous, playful, wacky, and profound, and provide guidance for everyday life, as well as deep wisdom to savor through a lifetime.

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