



Basics of Acupuncture

Gabriel Stux, Bruce Pomeranz

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Following an introduction to the philosophical and theoretical background of traditional Chinese medicine, the diagnostic system of acupuncture is presented. The Chinese system of channels and functional organs and the significance of the points are described. The 14 main channels with the most important acupuncture points for daily practice are presented with didactic emphasis on morphology and clinical applicability. The methods of needling and moxibustion are described in detail with their clinical applications. The most important acupuncture points are given for the different diagnoses.

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