



Green Goes with Everything: Simple Steps to a Healthier Life and a Cleaner Planet

Sloan Barnett

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Imagine if your best friend gave you vital information that could protect you and your family, and save you money, and help the planet. Imagine if you were given clear, simple choices, small changes that could have a big impact on your life. And you could still wear leather shoes and deodorant. You'd listen, right?

Well, think of *Today* show contributor Sloan Barnett as that friend. A mother of three, a dedicated consumer advocate, Sloan gives us a fast, simple, down-to-earth primer on the ways our homes are making us sick, and what we can all do to transform them into the safe sanctuaries we want and need them to be.

Sloan exposes the toxic truth behind the household products we use every day -- from laundry detergent to toothpaste to lipstick. She explains how these and other seemingly benign stuff can harm us and our children. She offers an array of alternatives, and inspires us to see that we're never helpless: Every day, we have the power to make better, smarter, safer choices.

Packed with common sense and sass, product picks and practical tips, *Green Goes With Everything* is for everyone who wants to live a healthier life.

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