



# Portuguese Cooking: The Traditional Cuisine of Portugal

*Carol Robertson*

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## **Portuguese Cooking: The Traditional Cuisine of Portugal** Carol Robertson

One of Europe's oldest countries, Portugal is blessed with a flavorful, complex food tradition that brings together influences from Europe, Africa, and the Muslim world. It is also one of the world's most scenic destinations, luring travelers with its pristine beaches and charming villages. Carol and David Robertson have traveled extensively in Portugal, and that depth of experience resonates throughout this happy blend of travel guide and cookbook. Carol's lively journal entries and witty drawings, accompanied by David's evocative photographs, showcase the wonders of the Portuguese landscape, culture, and cuisine. The first half of the book describes each region and its people. The second half is a stylish cookbook containing simple, delicious dishes based on pork and seafood of all kinds, as well as tomatoes, olives, kale, hot and sweet peppers, garlic, mint, and olive oil. Highlights include Chicken Braised in Red Wine, Bacalhau (Codfish) Fritters, Tomato Acorda, and Pudim Flan, as well as regional favorites unknown to the American palate. The result is a personal travel book for "foodies" looking for more adventurous fare. *Portuguese Cooking* also includes a primer on ports, Madeiras, and other wines from the country's notable wine tradition.

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