



# Person-centred Communication: Theory and Practice

*Dries Du Toit, Hanka Grobler, Rinie Schenck*

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How can you enable people to develop themselves? How do you build a relationship of trust with a community? How do you create an environment in which clients respond positively? Facilitators from various professions will find that the second edition of Person-centred Communication continues to enhance their communication, listening, and empathic skills. It demonstrates how to live the values of the person-centred approach developed by Carl Rogers, by showing respect for clients and empowering them to take responsibility for themselves. Building on the feedback from readers of the first edition, this new edition focuses even more strongly on the self, including the self of the facilitator. The importance of self-reflection, thought-processes, values, and actions are creatively addressed. This is an indispensable guide to working with individuals, groups, and communities in a humane and respectful way.

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