



# The Vital Touch: How Intimate Contact With Your Baby Leads To Happier, Healthier Development

*Sharon Heller*

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Using a lively array of anthropological and sociological sources, *The Vital Touch: How Intimate Contact with Your Baby Leads to Happier, Healthier Development* by Sharon Heller, PhD, presents a provocative examination of the reasons why, now more than ever, we need to make consistent physical connections with our infants and children.

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