



The Weaponless Warriors: An Informal History of Okinawan Karate

Richard Kim

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Here is a rare book—an informal history of Okinawan karate and its growth, told through vignettes about its most famous practitioners. This rare chronicle is one of the most thoroughly researched histories on Okinawan karate, with rare photographs of the earliest pioneers of naha-te, the empty-hand style of self-defense. An essential addition to any martial artist's library. Kim, a judo and karate black belt, has studied shorinji-ryu kenpo and is an expert on karate history.

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