



Eat More Better: How to Make Every Bite More Delicious

Dan Pashman

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What if you could make everything you eat more delicious?

As creator of the WNYC podcast *The Sporkful* and host of the Cooking Channel web series *You're Eating It Wrong*, Dan Pashman is obsessed with doing just that. *Eat More Better* weaves science and humor into a definitive, illustrated guidebook for anyone who loves food. But this book isn't for foodies. It's for eaters.

In the bestselling tradition of Alton Brown's *Good Eats* and M.F.K. Fisher's *The Art of Eating*, Pashman analyzes everyday foods in extraordinary detail to answer some of the most pressing questions of our time, including: Is a cheeseburger better when the cheese is on the bottom, closer to your tongue, to accentuate cheesy goodness? What are the ethics of cherry-picking specific ingredients from a snack mix? And what role does surface-area-to-volume ratio play in fried food enjoyment and ice cube selection?

Written with an infectious blend of humor and smarts, *Eat More Better* is a tongue-in-cheek textbook that teaches readers to eat for maximum pleasure. Chapters are divided into subjects like engineering, philosophy, economics, and physical science, and feature hundreds of drawings, charts, and infographics to illustrate key concepts like The Porklift—a bacon lattice structure placed beneath a pancake stack to elevate it off the plate, thus preventing the bottom pancake from becoming soggy with syrup and imbuing the bacon with maple-based deliciousness.

Eat More Better combines Pashman's award-winning writing with his unparalleled field research, collected over thirty-seven years of eating at least three times a day. It delivers entertaining, fascinating, and practical insights that will satisfy your mind and stomach, and change the way you look at food forever.

Read this book and every bite you take will be better.

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Jerry Linton:

Hey guys, do you want to find a new book to read? Maybe the book with the name Eat More Better: How to Make Every Bite More Delicious suitable to you? The book was written by a famous writer in this era. The actual book entitled Eat More Better: How to Make Every Bite More Delicious is the main of several books that everyone reads now. This kind of book has inspired lots of people in the world. When you read this e-book you will enter the new dimensions that you never knew just before. The author explained their strategy in a simple way, thus all of people can easily understand the core of this guide. This book will give you a lot of information about this world now. In order to see the representation of the world in this book.

Della Richardson:

People live in this new morning of lifestyle always attempt to and must have the time or they will get a great deal of stress from both lifestyle and work. So, when we ask do people have free time, we will say absolutely sure. People is human not a robot. Then we question again, what kind of activity do you have when the spare time comes to you of course your answer can be unlimited right. Then do you ever try this one, reading ebooks. It can be your alternative in spending your spare time, the particular book you have read is definitely Eat More Better: How to Make Every Bite More Delicious.

Alice Billups:

Reading can be called brain hangout, why? Because when you are reading a book particularly a book entitled Eat More Better: How to Make Every Bite More Delicious your head will drift away through every dimension, wandering in every single aspect that maybe unfamiliar for but surely will end up your mind friends. Imagining just about every word written in a guide then become one web form conclusion and explanation in which maybe you never get before. The Eat More Better: How to Make Every Bite More Delicious giving you yet another experience more than blown away your thoughts but also giving you useful facts for your better life within this era. So now let us present to you the relaxing pattern the following is your body and mind is going to be pleased when you are finished reading through it, like winning a. Do you want to try this extraordinary investing spare time activity?

Eric Hodges:

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