



# Team Work: Rediscovering the Essence of Basketball

*Mike Huff*

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## **Team Work: Rediscovering the Essence of Basketball** Mike Huff

Basketball was originally designed to be a team game, but today's players are growing up in a culture that focuses on the individual. In *Teamwork*, Mike Huff calls coaches and athletes to return to basketball's essence, by focusing on The 7 Essentials of Teamwork: communication, leadership, humility, roles, team spirit, a winning attitude, and collective responsibility. The lessons in this book will enable coaches to teach life lessons that help players become winners on and off the court.

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