



# Yoga: How to See Chakras With Your Own Eyes, and Not Only "Feel" Them. (Manual #001)

*Marco Vincenzo Fòmia*

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Quick and easy manuals with simple and effective instructions.

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We love to share what we learned.

We love to keep learning while sharing!

We are also big fans of experiential learning, or "learning by doing".

To prevent you from doing the same mistakes we did and boost your learning pace, our quick-and-easy manuals are made to delight and enlighten you, with simple information and concise instruction.

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\*Esoteric: from Greek *es?terikós*, meaning "teaching for few"; esoteric: "teaching for many".

## TITLE:

Yoga: How to See Chakras With Your Own Eyes, and Not Only "Feel" Them.

Practical Manual to Learn, Fast, How to See Them, and How to Open the Third Eye. (Manual #001)

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