



As We Are Now: A Novel

May Sarton

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A powerful and beautiful novella of one woman, consigned to a dreary retirement home, who wages a defiant battle against the dulling forces around her

After seventy-six-year-old Caro Spencer suffers a heart attack, her family sends her to a private retirement home to wait out the rest of her days. Her memory growing fuzzy, Caro decides to keep a journal to document the daily goings-on—her feelings of confinement and boredom; her distrust of the home's owner, Harriet Hatfield, and her daughter, Rose; her pity for the more incapacitated residents; her resentment of her brother, John, for leaving her alone. The journal entries describe not only her frustrations, but also small moments of beauty—found in a welcome visit from her minister, or in watching a bird in the garden. But as she writes, Caro grows increasingly sensitive to the casual atrocities of retirement-home life. Even as she acknowledges her mind is beginning to fail, she is determined to fight back against the injustices foisted upon the home's occupants.

This ebook features an extended biography of May Sarton.

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