

The Complete Guide to Coaching Girls' Basketball: Building a Great Team the Carolina Way

Sylvia Hatchell, Jeff Thomas



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"Coach Hatchell's book is a must-read for every girls' basketball coach. She is fantastic in every phase of the game, and I love watching her teams play."—Roy Williams, head men's basketball coach, University of North Carolina, and Associated Press Coach of the Year, 2006

What does it take to turn a good coach into a great one? You need to be a teacher, a motivator, a guru of X's and O's. Coach Sylvia Hatchell shows you how she manages all these roles and gives you her winning advice to creating a team of champions.

Head coach of the University of North Carolina's women's team, Coach Hathcell combines the Tar Heels' longstanding tradition of basketball greatness with her personal dedication to guiding young women as she teaches you how to:

- Communicate effectively to get peak performances from 11- to 18-year-old girls
- Teach all the fundamentals of the game and run a productive, high-energy practice
- Develop a formidable offense and tenacious defense
- Master 75 of her favorite drills, ranging in difficulty from beginner to advanced

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