



# **Healing the Divided Self: Clinical and Ericksonian Hypnotherapy for Dissociative Conditions (Norton Professional Book)**

*Claire Frederick, Maggie Phillips Ph. D.*

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**Rich in case examples, this book provides a step-by-step guide for the use of hypnotic techniques in the treatment of the entire spectrum of dissociative disorders.**

The authors synthesize traditional and Ericksonian styles of hypnosis in practical methods that work consistently within their four-stage model of treatment.

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