



How Did I Get to Be 40 & Other Atrocities

Judith Viorst

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And so you've reached that time in life when you're stating to pick investments over adventure, clean over scenic, comfortable over intense; when, even though in your heart of hearts you're only seventeen, the rest of you is (how did it happen?) forty.

The wise and witty lady of *It's Hard to Be Hip Over Thirty* is here to get you through these forty-ish years with poems that reflect our common shared experience. So let her help you take a look at that decade of sagging kneecaps and college reunions and fantasies of love in the afternoon: at Maoist kids, cholesterol counts, adult-education courses and other atrocities—which somehow just don't hurt so much when you laugh.

A marvelous book filled with insight and warmth, *How Did I Get to Be 40 & Other Atrocities* is Judith Viorst at her best.

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